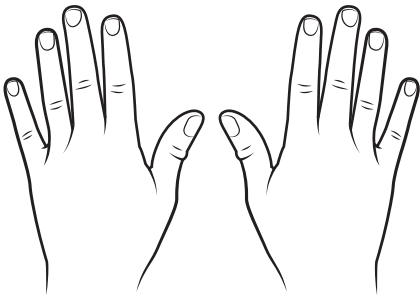
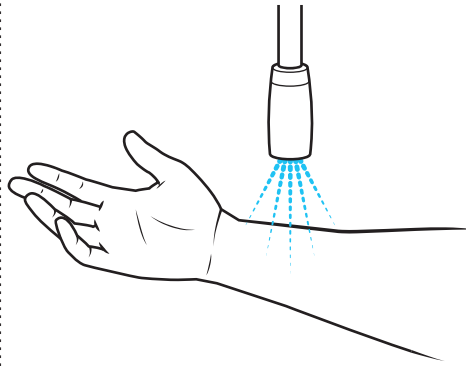


1. No jewelry



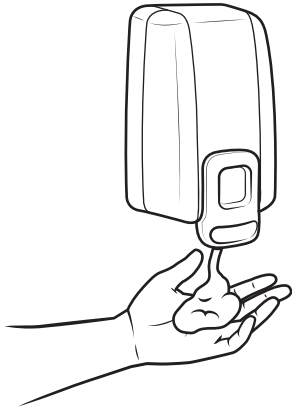
2. Rinse each arm, hand to elbow



3. Remove debris under nails with pick



4. Apply ample soap



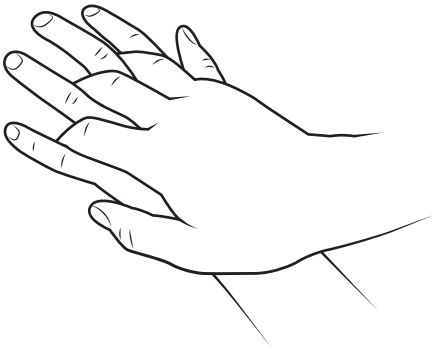
5. Rub hands palm to palm



6. Rub each wrist with opposing palm



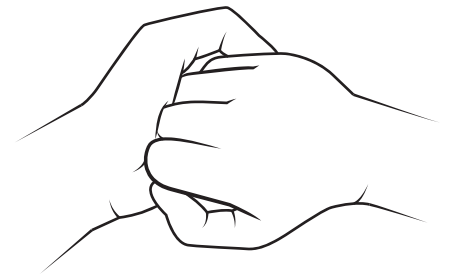
7. Rub back of each hand with interlaced fingers



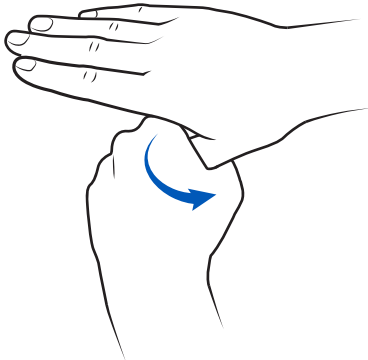
8. Rub palm to palm with interlaced fingers



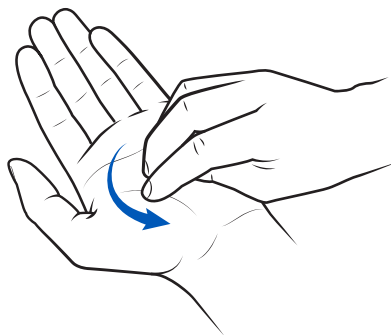
9. Rub backs of fingers to opposing palms with fingers interlocked



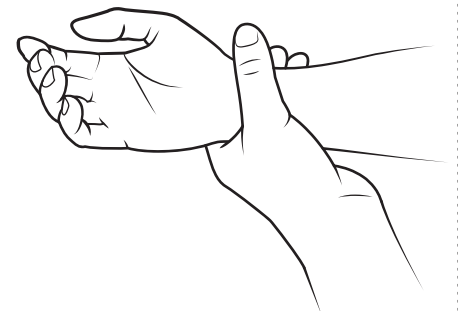
10. Rotationally rub each thumb grasped by opposing palm



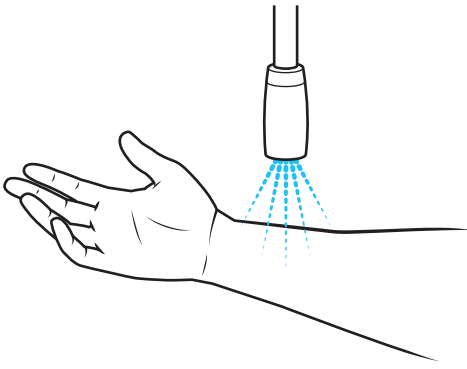
11. Rotationally rub each palm with opposing hand's clasped fingers



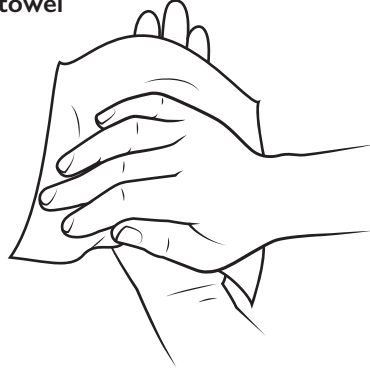
12. Rub each arm entirely up to elbow



13. Rinse each arm, hand to elbow.



14. Pat dry with low-lint, single use towel



15. Apply alcohol based hand rub covering entire hand

